



PROCLAMATION

Mental Health Month - May 2021

WHEREAS, good mental health is essential to the overall health and emotional wellbeing of all children, youth, adults, and families; and promotes a healthy community; and

WHEREAS, one in five people in our communities' experience a mental health condition each year; and

WHEREAS, 8.1% of individuals in our communities' experience substance use disorder each year; and

WHEREAS, increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives, and

WHEREAS, the stigma against mental health conditions and substance use disorders prevents many people from accessing care; and

WHEREAS, when mental health problems and substance use disorders are detected early and treated, people can recover and maintain a healthy and independent life; and

WHEREAS, Jefferson County is dedicated to improving the health and wellbeing of its citizens by ending the stigma and focusing on the integrated role of mental health in all our lives,

NOW, THEREFORE BE IT PROCLAIMED, by the Jefferson County Board of Commissioners, of the State of Colorado, that May 2021 be declared as Mental Health Month in this county.

Lesley Dahlkemper, Chair

Andy Kerr, Chair Pro Tem

Tracy Kraft-Tharp, Commissioner

Dated: May 4, 2021

JEFFERSON
COUNTY COLORADO