



PROCLAMATION

Mental Health Month – May 2019

WHEREAS, good mental health is essential to the overall health and emotional wellbeing of all children, youth, adults and families and promotes a healthy community; and

WHEREAS, one in five people experience a mental health condition each year and 8.1% individuals in our communities, experience substance use disorder each year; and

WHEREAS, increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives; and

WHEREAS, the stigma against mental health conditions and substance use disorders prevents many people from accessing care; and

WHEREAS, when mental health problems and substance use disorders are detected early and treated, people can recover and maintain a healthy and independent life; and

WHEREAS, Jefferson County is dedicated to improving the health and wellbeing of its citizens by ending stigma and focusing on the integrated role of mental health in all our lives.

NOW, THEREFORE, BE IT PROCLAIMED, by the Jefferson County Board of Commissioners, of the State of Colorado, May 2019 be Mental Health Month in this county.

Libby Szabo, Chair

Casey Tighe, Chair Pro Tem

Lesley Dahlkemper, Commissioner



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COUNTY COLORADO