

Volunteer Opportunities for Seniors

Jefferson County offers many volunteer opportunities that allow older adults to stay active and engaged in their community. Volunteerism not only helps the recipients of the service, but it often provides many benefits for the volunteer as well. Studies have shown that volunteering positively affects the physical, mental, and emotional health of the volunteer resulting in increased longevity, life-satisfaction, and overall well-being. Begin volunteering today to add years to your life and life to your years! Many agencies listed here provide multiple volunteer locations. This list is not inclusive of all options available. For more information contact kstewart@jeffco.us • 303-271-4251

Organization	Event Staff	Elder Visitation	Clerical/ Administrative	Marketing/PR/ Fundraising	Welcome/ Registration	Tour Guide	Educational Outreach	Hospitality/ Usher	Victim Services	Elder Home Repair	Project Committees	Transportation	Food Bank Worker	Group Leader
Angels with Paws 2540 Youngfield St Lakewood 303-274-2265 www.angelswithpaws.net/volunteering/	X													
APEX Community Rec. Center 6842 Wadsworth Blvd Arvada 303-425-9583 apexprd.org/volunteers-community-recreation-center	X		X		X	X		X						
Arvada Center for Arts and Humanities 6901 Wadsworth Blvd Arvada 720-898-7211 arvadacenter.org/about-the-center/volunteer	X				X		X	X						
Association for Senior Citizens 2839 W 44th Ave Denver 303-455-9642 seniorassistancecenter.org/volunteer-form			X										X	
Audubon Society 9308 S Wadsworth Littleton 303-973-9530 www.denveraudubon.org/getinvolved/volunteer/	X			X			X				X			
Bessie's Hope 1761 N Ogden St Denver 303-623-1176 www.bessieshope.org/content/individual-volunteer-opportunities	X	X	X	X										X
Brady Exploration School 5290 W Ohio Ave Lakewood 303-982-6908							X							
Bureau of Land Management 2850 Youngfield St Lakewood 303-239-3808			X								X			
Butterfly Pavilion 6252 W 104th Ave Westminster 720-974-1868 www.butterflies.org/volunteer-opportunities/	X		X		X		X							

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CASA Jeffco 100 Jefferson County Pkwy, Golden 303-271-6535 www.casajeffcogilpin.com/volunteer/							X				X			
City of Arvada 8101 Ralston Rd Arvada 720-898-7000 arvada.org/about/jobs/city-volunteer-opportunities	X		X		X		X		X		X			
City of Lakewood 480 S Allison Pkwy Lakewood 303-987-7868 www.lakewood.org/Volunteer/	X		X		X									
City of Wheat Ridge 7500 W 29th Ave Wheat Ridge 303-235-2826 www.ci.wheatridge.co.us/528/Volunteer-Opportunities	X		X		X		X		X		X			
Clements Community Center 1580 Yarrow St Lakewood 303-987-4833 www.lakewood.org/Volunteer/	X		X		X			X						
Colorado Senior Connections - Edgewater 2497 Fenton St Edgewater 720-763-3042 www.edgewaterseiors.org/volunteer-edgewater-seniors-programs-opportunities	X	X	X	X	X		X	X			X			X
Colorado Senior Connections - Wheat Ridge 7340 W 44th Ave Wheat Ridge 720-248-4591 wheatridgeseniors.org/volunteer-wheatridge-seniors/	X	X	X	X	X		X	X			X			X
Colorado Talking Books 180 Sheridan Blvd Denver 303-727-9277 www2.cde.state.co.us/ctbl/tbvolunteer.htm			X				X							
Developmental Disabilities Resource Center 11177 W 8th Ave Lakewood 303-233-3363 www.ddrcco.com/get-involved/volunteer/index.php	X	X	X	X						X	X	X		
Exempla Lutheran Medical Center 8300 W 38th Ave Wheat Ridge 303-425-2142 www.sclhealth.org/locations/lutheran-medical-center/ways-to-give/volunteer/	X	X	X		X									
Evergreen Christian Outreach 27640 Hwy 74 Evergreen 303-670-1796 evergreenchristianoutreach.org/volunteer/		X	X								X			

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Family Tree, Inc. 3805 Marshall St Wheat Ridge 303-422-2133 www.thefamilytree.org/en/giveyourtime									X		X			
Foothills Animal Shelter 580 McIntyre St Golden 303-278-8552 foothillsanimalshelter.org/how-to-help/volunteer/	X													
Golden Community Center 1470 10th St Golden 303-984-8104 www.governmentjobs.com/careers/goldenco/transferjobs		X		X										
Golden History Museum 923 10th St Golden 303-278-3557 www.goldenhistory.org/get-involved/volunteer/		X		X										
Golden Landmarks Association 805 14th St Golden 303-277-8711 goldenchamber.org/volunteer/	X		X											
Golden Visitors Center 1010 Washington Ave Golden 303-279-2282					X		X							
Habitat Outlet Store 10625 W I-70 Frontage Wheat Ridge 303-722-5864 www.habitatmetrodenver.org/restore/volunteer/	X		X							X				
Hope House of Colorado 9088 Marshall St Westminster 303-429-1012 www.hopehouseofcolorado.org/index.cfm/id/34/Volunteer/	X		X	X			X		X		X	X		X
Jeffco Action Center 8755 W 14th Ave Lakewood 303-237-7704 theactioncenterco.org/volunteer/	X		X		X		X	X			X	X	X	
Jeffco Child Support Services 3500 Illinois St #1300 Golden 303-271-4300 jeffco.us/human-services/volunteer-opportunities/	X		X				X							
Jeffco Cooperative Extension 15200 6th Ave Golden 303-271-6620 jeffco.extension.colostate.edu/contact-us/	X						X				X			X

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The Learning Source 8790 W Colfax Ste 109 Lakewood 303-922-4683 www.thelearningsource.org/get-involved/volunteer							X							
Mommy Rocks PO Box 261033 Lakewood 720-855-0501 mommyrocks.org/volunteer/							X							
National Park Service 12795 W Alameda Pkwy, Lakewood 303-969-2063 www.nps.gov/romo/getinvolved/volunteer.htm	X													
National Renewable Energy Lab 15013 Denver West Pkwy, Golden 303-984-6568 www.nrelforum.com/Attend/Volunteer							X							
Project Angel Heart 4190 Garfield St #5 Denver 303-830-0202 www.projectangelheart.org/volunteer/	X		X	X			X				X	X	X	
Seniors' Resource Center 3227 Chase St Denver 303-235-6940 srcaging.org/volunteer/	X	X	X				X			X	X	X		
Seniors' Resource Center Evergreen 5120 Highway 73 Evergreen 303-674-2843 srcaging.org/volunteer/	X	X	X				X			X	X	X		
St. Anthony's Hospital 11600 W 2nd Pl Lakewood 720-321-0000					X									
Visiting Nurse Association 390 Grant St Denver 303-698-6387 vncolorado.org/volunteer-main/		X	X											
Volunteers of America Meals on Wheels 2660 Larimer St Denver 303-897-0408 www.voacolorado.org/volunteer-opportunities/meals-on-wheels		X												
Wheat Ridge Active Adult Center 6363 W 35th Ave Wheat Ridge 303-205-7500 www.ci.wheatridge.co.us/616/Volunteer-Opportunities			X		X		X	X						X