Parenting is hard work. All families need support.

For more information:

Call us at 303-275-7517, email us at healthcollaborationprogram@jeffco.us or visit us online at https://www.jeffco.us/2208

"This just reinforced what I already knew and opened doors to ways to better deal with the unknown."

Program Participant

"The most helpful part of the program was learning how to handle difficult situations and helping me become an effective father/partner."

Program Participant

"I gained a lot of skills and learned ways to handle situations responsibly."

Program Participant

Jefferson County Public Health
645 Parfet Street
Lakewood, CO. 80215

(303) 232-6301
jeffco.us/public-health
@JeffcoPH
@jeffcopublichealth

March 2018
The Collaboration Program is a voluntary home visit program that supports families in reaching their personal goals. If you enroll, a Registered Nurse will visit your home or another location convenient for you.

**What is the Collaboration Program?**

**How often will my Nurse visit?**

The nurse will visit every one or two weeks for several months, or as long as your family finds the program helpful. Families meet with their nurse for 4-7 months, others for up to a year. The program is always voluntary, and you can stop seeing your nurse at any time.

**My Nurse and I will use tools to work on...**

- Understanding my child’s cues
- Stress management
- Challenges of parenting
- Communication

**My Nurse will provide...**

- Growth and development information specific to my children
- Strategies so that my children will listen and behave better
- Tools and support to cope with the stress of parenting
- Information and recommendations regarding the medical health of my family members
- Support for my family’s goals (reunification, successfully closing Human Services case, better family communication, etc.)
- Referrals to other community resources that will benefit my family

**My Nurse will be sensitive to...**

- Struggles with substance use including alcohol, marijuana, drugs and tobacco
- Currently experiencing or a history of emotional, physical and sexual abuse
- Stresses of coping with mental health or physical illness for yourself or a family member