

How You Can Get Involved

Learn more

Visit our website at www.jeffco.us/Aging-Well

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Get Involved with Aging Well

If you are interested in becoming a volunteer with Aging Well, email us at agingwell@jeffco.us or call 303-271-4251.

Older American's Month

Older American's Month is celebrated in May each year. Hold a drive to collect We Care Kits or Blessing Bags (Ziplocs filled with new care items, such as sealed toothbrushes, toothpaste, mouthwash, wet wipes, lip balm, unscented lotion, small deodorants, small shampoo, travel tissues, cotton swabs, disposable razors, etc). If you are interested in organizing a drive within your church, business or service organization, contact us as agingwell@jeffco.us.

Volunteer with a Senior-Serving Organization

Many agencies depend on volunteers to help meet the needs of our older adults in Jefferson County. Here are just a few areas you might consider volunteering:

- **Seniors Resource Center** (Drivers, handyman/home repairs, flower bed/planting help at facility and more) Visit <http://srcaging.org/volunteer/> or email btamburelli@srcaging.org for more information. Or hold a supply drive for things like games/puzzles, art supplies, tennis rackets, household cleaning/paper products, etc.
- **Brothers Redevelopment, Inc.** Paint-a-Thon (groups of 8-25 volunteers caulk, prime and paint home exteriors, trim low trees, perform light home repairs and cleanup yards for qualifying elderly residents). Contact chad@brothersredevelopment.org or visit www.brothersredevelopment.org
- **Centura Health/St. Anthony Hospital**
<https://www.centura.org/locations/st-anthony-hospital/volunteer-opportunities>
- **Volunteers of America** Congregate Meal sites and Home Delivered Meals - Volunteers are always need to help make sure older adults have nutritious meals and socialization opportunities.

Vision:

Jefferson County:
A thriving community
for aging well.

**Aging
Well** In Jefferson
County, Colorado

Mission:

To develop and implement
strategies creating inclusive,
livable communities through
sustainable partnerships and
integrated services.

What We Have & What We Want to Accomplish

Jefferson County, Colorado embarked on an Aging Well Project in the spring of 2008. The Aging Well Project is a strategic planning project focusing on what Jefferson County needs to do to prepare for the increase in seniors in the next 20 years.

A Leadership Committee was formed and includes interested citizens and professionals from all areas of senior issues including affordable housing, caregiving, legal issues, social and civic engagement, health and mental health, congregate meal sites and home delivery, transportation, planning and zoning, etc.

Six Workgroups have been developed. The Workgroups consist of Leadership Committee members and other members of the community. The six workgroups are:

- Local Coordinating Council for Human Services Transportation
- Housing
- Health, Mental Health, Wellness and Prevention
- Social and Civic Engagement
- Basic Needs
- Caregiving and Supportive Services

Interesting Facts

- In 2016, it was estimated that 14.6% of Jefferson County's total population was 65+ years old.
- In 2016, it was estimated that 13.5% of the total population is at or below 150% of poverty status. (according to US Census statistics). Of the total population, it is estimated that 9.7% have a disability.
- According to 2016 US Census, Population 60 years and over in the United States, American Community Survey 1-Year Estimate, the total estimated population of those 60+ in Jefferson County was 127,448 people or about 22.3% of the total County population. For the County residents 60 years and over, about 6.43% or about 8,196 people were listed as living below 100 percent of the poverty level, and another 6.4% or 8,056 people were reported within the 100 to 149 percent of the poverty level range. About 87.2% or 111,200 people over 60 years in Jefferson County are above the 150% poverty range level. Of the total 65+ population is estimated that 30.5% have a disability. There is a significant population shift to those age 65 and over in Jefferson County, with a projected 60% increase just in the current decade (2010 - 2020) and another 41% between 2020 and 2030. (State Demographer)
- People will live longer, with many living well into their 90s, with nearly 5,000 people in Jefferson County age 90+ by 2020 and over 6,700 projected by 2030. (State Demographer)