

For more information or to make an appointment

Lakewood Clinic 303-239-7078

Call for an Appointment.

645 Parfet Street
Lakewood, CO 80215

Fees are based on your ability to pay and no one will be denied services for inability to pay. We are able to offer low to no cost birth control methods because they are subsidized by the federal government.

For more information on Reproductive Health and Family Planning, visit:

www.beforeplay.org/overview/birth-control/

Or

www.cdc.gov/reproductivehealth/UnintendedPregnancy/Contraception.htm

You can also visit jeffco.us/public-health or call 303-232-6301

Public Health... Every day, Everywhere, Everyone



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Jefferson County Public Health

654 Parfet Street
Lakewood, CO 80215

(303) 232-6301

jeffco.us/public-health

March 2015

Birth Control



Low to No Cost Birth Control

Jefferson County Public Health

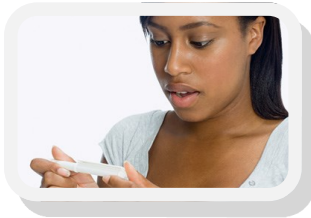
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jeffco.us/public-health

Public Health...Every day, Everywhere, Everyone

Plan Ahead

- In the United States, almost half of all pregnancies are unintended.
- Yet, many safe and highly effective methods of birth control are available to prevent unintended pregnancy.
- Women who plan their pregnancies are more likely to obtain early prenatal care and have healthier babies.
- These women are also more likely to complete their education, giving them and their partners more employment opportunities and less financial challenges later in life.



All information is strictly confidential. JCPH encourages teens to have open communication with their parents and guardians. Teens are not required to have parental consent for services.

In most cases, a birth control method can be started on your first appointment.

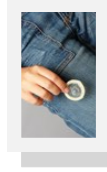
Jefferson County Public Health offers services to teens, women and men without regard to race, religion, age, national origin, gender, sexual orientation or marital status.

Be Safe

Birth Control Methods for All Ages

Condoms

-Latex condoms, the most common type, help prevent pregnancy and HIV and other STDs. 85-98% effective, depending on use.



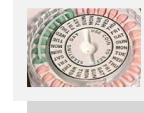
Depo Provera

-Injectable birth control shot for women that lasts three months and is 97-99% effective.



Birth Control Pills

-Oral contraceptives containing the hormones estrogen and progestin and is 91-99% effective in preventing pregnancy, if taken correctly.



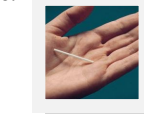
IUDs (Paragard & Mirena)

-a small T-shaped device inserted into the uterus that prevents pregnancy for 5 or 10 years as long as the device is in place. It is 99% effective.



Nexplanon

-An implant that is implanted in the arm and is 99% effective. It can prevent pregnancy up to 3 years.



Diaphragms and other barrier methods

-placed inside the vagina to cover the cervix to block sperm and is 84-94% effective in preventing pregnancy.



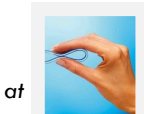
Evra Patch

-The patch is 91-99% effective at preventing pregnancy. It is worn on the skin, making it easy for the body to absorb its hormones.



Nuva Ring

- A ring coated with the same hormones as birth control pills. It is inserted into the vagina for 3 weeks at a time and is 92-99% effective.



Permanent Surgical Options:



No scalpel vasectomy

-A permanent birth control for men whose families are complete.



Sterilization Counseling

-Tubal ligations, Essure counseling and permanent birth control for women whose families are complete.

Other Services Available

- **Abstinence** counseling for all ages.
- **Pregnancy testing and all options counseling.**
- **Treatment** of minor gynecological problems.
- **Emergency Contraceptive Pill** prevents pregnancy if taken within 120 hours of unprotected intercourse.
- **STD Clinic**
303-239-7036
Sexually Transmitted Disease testing, treatment and counseling for men and women.
- **HIV Confidential Counseling & Testing**
303-239-7036
- **Teen Health Program**
303-275-7078
A teen advocacy program providing appointments, education and information on teen issues.